

2025 Zone 4 Cross Country Meet

Tuesday, October 7th, 2024 (Rain Date – Wednesday, October 8th)

Location: Southern Kings Consolidated

Race Director: Jody Kinney/Matthew Bell

Categories: Pre Novice, Novice, Bantam, Intermediate

Schedule of Events:

10:00 – Coaches Meeting

10:20 – Intermediate Boys & Girls (3km) – Gr 9 only

10:40 – Bantam Girls (3km) \ Gr. 7 & 8

11:00 – Bantam Boys (3km)

11:20 – Pre – Novice Girls (1.5km) \ Gr. 3 & 4

11:40 – Pre – Novice Boys (1.5km) /

12:00 – Novice Girls (2km) \ Gr. 5 & 6

12:20 – Novice Boys (2km) /

Your school will have a designated area on the BIG soccer field where they are to put bags, and set up seating and eat lunch etc.

I will have leadership students with me who will be available to help wherever needed. They will also be collecting the results and entering them for me.

*This schedule is approximate, as things may run ahead or possibly behind. Adjustments in the schedule may be made as required. I did adjust the times a bit. We are going to try our best to stay with the times, but please advise your athletes to be there 30 minutes prior to their race time and listen for the announcements and make their way to the starting line when they are called.

Provincials will be held Saturday, Oct. 18th at Mill River. Admission will be charged at Provincials.